



**book  
5**



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edycja polska

# Extreme sports.

## UNIT 5



**In this unit you will learn:**

- to talk about extreme sports
- to say what equipment people need to do sport
- adjectives describing sports



### WARM-UP

**Write the examples of water, air and land sports.**

Podaj przykłady sportów wodnych, lądowych i uprawianych w powietrzu.

WATER SPORTS	LAND SPORTS	AIR SPORTS
.....	.....	.....
.....	.....	.....
.....	.....	.....

mountain  
climbing



a canoe



<b>extreme sports mountain climbing equipment</b>	sporty ekstremalne alpinistyka, wspinaczka górska sprzęt
Are some people crazy about extreme sports?	<i>Yes, some people are crazy about extreme sports.</i>
Are extreme sports dangerous?	<i>Yes, extreme sports are dangerous.</i>
Is mountain climbing an extreme sport?	<i>Yes, mountain climbing is an extreme sport.</i>
Can children go mountain climbing?	<i>No, children can't go mountain climbing.</i>
What equipment do people need when they go mountain climbing?	<i>People need a rope, a torch when they go mountain climbing.</i>
<b>canoeing a canoe an oar</b>	kajakarstwo kajak wiosło
What equipment do you need when you want to go canoeing?	<i>I need a canoe when I want to go canoeing.</i>
What's a canoe made of?	<i>A canoe is made of plastic.</i>
Do you need an oar to go canoeing?	<i>Yes, I need an oar to go canoeing.</i>
Is a canoe heavy?	<i>Yes, a canoe is heavy.</i>
Is an oar bigger than a canoe?	<i>No, an oar isn't bigger than a canoe. It is smaller.</i>
Did you go canoeing last summer?	<i>No, I did not go canoeing last summer.</i>



kite surfing

<b>bungee jumping a rope a bridge</b>	skok na linie lina most
Can small children go bungee jumping?	<i>No, small children can't go bungee jumping.</i>
Is bungee jumping more dangerous than skateboarding?	<i>Yes, bungee jumping is more dangerous than skateboarding.</i>
Do you need a rope to go bungee jumping?	<i>Yes, I need a rope to go bungee jumping.</i>
Do people go bungee jumping from a bridge?	<i>Yes, people go bungee jumping from a bridge.</i>
<b>kite surfing dull</b>	surfowanie z latawcem nudny
What do you need to go kite surfing?	<i>I need a kite to go kite surfing.</i>
Is kite surfing an interesting sport?	<i>Yes, kite surfing is an interesting sport.</i>
Which is a dull sport, in your opinion?	<i>In my opinion, playing chess is a dull sport.</i>
Is playing football a dull sport for girls?	<i>Yes, playing football is a dull sport for girls. / No, playing football isn't a dull sport for girls.</i>
Is swimming duller than riding a bike?	<i>No, swimming isn't duller than riding a bike.</i>



snorkeling



snowboarding

<b>exciting thrilling</b>	ekscytujący z dreszczykiem emocji
Is bungee jumping an exciting sport?	<i>Yes, bungee jumping is an exciting sport.</i>
Is it exciting to go mountain climbing?	<i>Yes, it's exciting to go mountain climbing.</i>
Is canoeing a thrilling sport?	<i>Yes, canoeing is a thrilling sport.</i>
Is kite surfing a thrilling sport for you?	<i>Yes, kite surfing is a thrilling sport for me.</i>
<b>snorkeling a snorkel</b>	nurkowanie ( z rurką) rurka, fajka do nurkowania
Can people snorkel in the ocean?	<i>Yes, people can snorkel in the ocean.</i>
What do you need to go snorkeling?	<i>I need a wetsuit and a snorkel to go snorkeling.</i>
Where can we buy a snorkel?	<i>We can buy a snorkel at the sports shop.</i>
Is snorkeling an exciting sport?	<i>Yes, snorkeling is an exciting sport.</i>
Do you need a mask to go snorkeling?	<i>Yes, I need a mask to go snorkeling.</i>
<b>go snowboarding</b>	jeździć na desce snowboardowej
Can you go snowboarding?	<i>No, I can't go snowboarding. / Yes, I can go snowboarding.</i>
In which season do people go snowboarding?	<i>People go snowboarding in winter.</i>
What equipment do you need to go snowboarding?	<i>I need a snowboard, gloves, a mask to go snowboarding.</i>



## SELF-CHECK

### What equipment do you need to do these sports?

Jaki sprzęt potrzebujesz,  
aby uprawiać poniższe sporty?

1. canoeing .....
2. mountain climbing .....
3. snorkeling .....
4. snowboarding .....



## HOMEWORK

### Write the names of the sports.

Napisz nazwy sportów.

1. two sports that use a board  
.....
2. three sports that you play with a ball  
.....
3. two sports that are thrilling  
.....
4. two sports that use a rope  
.....



## LET'S REVISE

### REMEMBER

extreme sports  
kite surfing  
mountain climbing  
dull  
canoeing

thrilling  
a canoe  
exciting  
an oar  
snorkeling

bungee jumping  
a snorkel  
a rope  
go snowboarding  
a bridge



a robber



a prison

<b>a crime</b> <b>rob</b> <b>a robber</b>	przestępstwo obrabować (np. bank) rabuś
Is it a crime to break your friend's pencil? What does a robber rob? What colour are robber's clothes? Is it a crime to rob a bank? Is it a crime to start a forest fire?	<i>No, it isn't a crime to break my friend's pencil.</i> <i>A robber robs banks.</i> <i>Robber's clothes are black.</i> <i>Yes, it's a crime to rob a bank.</i> <i>Yes, it's a crime to start a forest fire.</i>

<b>a statue</b> <b>spray</b> <b>a paint</b>	statua spryskać farba
What is a statue made of? Is a statue usually large? Are artist's clothes usually in paint? Is it a crime to spray paint on a statue? Do you sometimes spray your friends with water?	<i>A statue is made of stone.</i> <i>A statue is usually large.</i> <i>Yes, artist's clothes are usually in paint.</i> <i>Yes, it's a crime to spray paint on a statue.</i> <i>No, I don't spray my friends with water.</i>



a criminal



a judge



a police dog

<b>steal</b>	kraść
Do some people steal food from the supermarket?	<i>Yes, some people steal food from the supermarket.</i>
What do people steal from a clothes shop?	<i>People steal T-shirts, skirts from a clothes shop.</i>
Why do some people steal wallets?	<i>Some people steal wallets because they need money.</i>
Is it a crime to steal a car?	<i>Yes, it's a crime to steal a car.</i>
<b>break into</b>	włamywać się
What do people steal when they break into a house?	<i>People usually steal expensive things when they break into a house.</i>
Will you phone the police when a person breaks into your house?	<i>Yes, I will phone the police when a person breaks into my house.</i>
Do you know what to do when a person breaks into your house?	<i>Yes, I know what to do when a person breaks into your house.</i>
<b>a prison a criminal</b>	więzienie przestępca
Do criminals go to prison?	<i>Yes, criminals go to prison.</i>
Do you want to live in a house in front of a prison?	<i>No, I don't want to live in a house in front of a prison.</i>
Are criminals bad people?	<i>Yes, criminals are usually bad people.</i>
<b>a police car a police dog</b>	samochód policyjny pies policyjny
Who drives a police car?	<i>A policeman drives a police car.</i>
Does a police dog help a policeman?	<i>Yes, a police dog helps a policeman.</i>
Do boys usually have a police car toy?	<i>Yes, boys usually have a police car toy.</i>



a badge



a police car



a police station

<b>a badge</b> <b>a baton</b> <b>a uniform</b>	odznaka pałka policyjna mundur(ek)
What does a policeman wear on his uniform? Can you make a badge from the cardboard? Do you wear a uniform at school? Should a policeman know how to use a baton? What is a baton made of? Do only policemen wear a uniform at work?	<i>A policeman wears a badge on his uniform.</i> <i>Yes, I can make a badge from the cardboard.</i> <i>No, I don't wear a uniform at school.</i> <i>/ Yes, I wear a uniform at school.</i> <i>Yes, a policeman should know how to use a baton.</i> <i>A baton is made of rubber.</i> <i>No, not only policemen wear a uniform at work.</i>
<b>a police station</b>	komisariat policji
Where do policemen work? Were you inside the police station when you were a child?	<i>Policemen work in a police station.</i> <i>No, I was not inside the police station when I was a child.</i>
<b>a court</b> <b>a judge</b>	sąd sędzia
Where does a judge work? What colour are judge's clothes? Do judges put criminals to prison? Is it easy to be a judge? Do you want to work in the court in the future?	<i>A judge works in the court.</i> <i>Judge's clothes are usually black.</i> <i>Yes, judges put criminals to prison.</i> <i>No, it isn't easy to be a judge.</i> <i>No, I don't want to work in the court in the future.</i>

chase	ścigać, pościg
Do the policemen chase criminals?	<i>Yes, policemen chase criminals.</i>
Is it thrilling to play a game in which you chase robbers?	<i>Yes, it's thrilling to play a game in which you chase robbers.</i>
Do the policemen use bicycles to chase a criminal?	<i>No, policemen do not use a bicycle to chase a criminal.</i>
What do they use?	<i>They use a car to chase a criminal.</i>

a spy a secret agent a code	szpieg tajny agent kod, szyfr
Do you think a good spy can break the most difficult code?	<i>Yes, I think a good spy can break the most difficult code.</i>
What was the name of the secret agent 007?	<i>The name of the secret agent 007 was James Bond.</i>
Does a spy talk about his work with friends?	<i>No, a spy doesn't talk about his work with friends.</i>
Is the life of a secret agent interesting?	<i>Yes, the life of a secret agent is interesting.</i>
Do you send messages to your friends in code?	<i>No, I never send messages to my friends in code.</i>
Did pirates use codes on their maps?	<i>Yes, pirates used codes on their maps.</i>



## SELF-CHECK

### Complete the sentences with the correct word.

Uzupełnij zdania poprawnym słowem.

**court, chases, badge, uniform, police car, steal**

1. A policeman wears a ..... at work.
2. A judge works in the .....
3. A policeman ..... criminals.
4. A policeman drives a .....

## UNIT 5

### Extreme sports



**go snowboarding**  
jeździć na desce snowboardowej



**kite surfing**  
surfowanie  
z latawcem



**snorkeling**  
nurkowanie  
(z rurką)

**a snorkel**  
rurka, fajka  
do nurkowania

<b>dull</b>	nudny
<b>a rope</b>	lina
<b>a bridge</b>	most
<b>equipment</b>	sprzęt
<b>canoeing</b>	kajakarstwo
<b>bungee jumping</b>	skok na linie
<b>exciting</b>	ekscytujący
<b>thrilling</b>	z dreszczykiem emocji
<b>extreme sports</b>	sporty ekstremalne

### mountain climbing

alpinistyka,  
wspinaczka  
górska



**an oar**  
wiosło

**a canoe**  
kajak

## UNIT 11

### Crime doesn't pay



**a badge**  
odznaka



**a criminal**  
przestępca



**a prison**  
więzienie

<b>spray</b>	spryskać
<b>steal</b>	kraść
<b>break into</b>	włamywać się
<b>chase</b>	ścigać, pościg
<b>rob</b>	obrabować (np. bank)



**a judge**  
sędzia

**a police station**  
komisariat  
policji



<b>a crime</b>	przestępstwo
<b>a baton</b>	pałka policyjna
<b>a uniform</b>	mundur(ek)
<b>a secret agent</b>	tajny agent
<b>a code</b>	kod, szyfr
<b>a spy</b>	szpieg
<b>a court</b>	sąd
<b>a statue</b>	statua
<b>paint</b>	farba

**a police car**  
samochód  
policyjny

**a robber**  
rabuś



**a police dog**  
pies policyjny



# UNIT 16

## Fashion show



**a lipstick**  
szminka



**a comb**  
grzebień



**a moustache**  
wąsy

<b>a lip</b>	warga
<b>thick</b>	gruby
<b>tight</b>	obcisły
<b>baggy</b>	workowaty
<b>better</b>	lepszy
<b>the best</b>	najlepszy
<b>worse</b>	gorszy
<b>the worst</b>	najgorszy
<b>red hair</b>	rude włosy
<b>curly hair</b>	kręcone włosy
<b>wavy hair</b>	falowane włosy
<b>straight hair</b>	proste włosy
<b>a teenager</b>	nastolatek
<b>be interested in</b>	interesować się



**high heels**  
szpilki



**an earring**  
kolczyk



**a bracelet**  
bransoletka