

edycja polska

beverage ['bevərɪdʒ]

fizzy/sparkling ['fizi / 'spa:kliŋ]

soft drink

teetotaller [ti:'təutlə]

sober ['səubə]

What is your favourite beverage?

At what age is a person allowed to buy alcoholic beverages in your country?

> Is it possible to buy any hot beverages here?

If you saw someone selling alcoholic beverages to teenagers, would you decide to do something about it?

> Do you know anyone who is an absolute teetotaller?

drinks?

Do you prefer sparkling or still water? *I prefer still water.*

wanted to drive a car while not being a car while not being completely sober, **completely sober, how would you react?** *I would drive them back home myself.*

is a teetotaller?

napój

gazowany

napój bezalkoholowy

abstynent

trzeźwy

My favourite beverage is orange juice.

A person is allowed to buy alcoholic beverages at the age of 18 in my country.

Yes, it is possible to buy some hot beverages here.

Yes, if I saw someone selling alcoholic beverages to teenagers, I would call the police.

Yes, I'm an absolute teetotaller.

Is it healthy to drink a lot of fizzy No, it isn't healthy to drink a lot of fizzy drinks.

If you noticed that your friend | If I noticed that my friend wanted to drive

Why do some people find it so difficult | Some people find it so difficult to understand to understand that someone | that someone is a teetotaller, because people are of the opinion that alcohol brings happiness and they don't understand those, who don't want to be under the influence of alcohol.

throughout your wedding party, what | wedding party, I wouldn't try to persuade would you think? Would you try to persuade them to have a drink?

If your best friend stayed sober *If my best friend stayed sober throughout my* them to have a drink and I would think they might not be feeling very well.

Why do you think people I think people decide to be teetotallers because **decide to be teetotallers?** *It they don't like the taste of alcohol.*

drinks in your country?

What are the most popular soft | Coca-cola, Fanta and Sprite are the most popular soft drinks in my country.

When you have a car crash, is it easy to make a sober assessment of the situation?

No, when you have a car crash, it isn't easy to make a sober assessment of the situation.

sober reflection he decided not to lend you money, what would he mean?

If a friend of yours told you that on *If a friend of mine told me that on sober* reflection he decided not to lend me money, it would mean that they had considered it very seriously.

> **wino** ['waɪnəʊ] municipal police ['weɪstɪd] drunk tank ['tɪpsi] bad load ['hæŋəʊvə] on a booze [pn ə bu:z]

pijaczek straż miejska izba wytrzeźwień pijak wypity, nawalony

Are winos a problem in your country?

Yes, winos are a problem in my country.

What do the municipal police often do with winos in some countries?

In some countries the municipal police often take winos to drunk tanks.

Do you think that winos should be taken to drunk tanks?

No, I don't think winos should be taken to drunk tanks. I think the municipal police should help them get home.

Is becoming a wino a matter of choice It's difficult to say. I think becoming a wino or some other circumstances?

is a matter of choice. Although I can think of other circumstances which might influence it.

How would you refer to a drunk person using informal language?

Using informal language I would refer to a drunk person by calling him a bad load.

If you came to work on a booze what If I came to work on a booze, my boss might might happen?

dismiss me.

What do you think about parents who Parents who let their children go out on let their children go out on a booze? a booze are irresponsible.

intoxicated [in'tpksikeitid] wasted ['weistid] tipsy ['tɪpsi] hangover ['hæŋəʊvə] **drunkard** ['drʌŋkəd] strike off

pod wpływem kompletnie pijany wstawiony kac pijak

1.zakaz wykonywania zawodu 2. zakazać wykonywania zawodu

If you were caught by the police driving while intoxicated, what would happen to you?

If I were caught by the police driving while intoxicated, my driver's license would be taken away from me.

an appropriate punishment for a doctor who performed an operation on a patient while intoxicated?

What do you think would be I think a strike off would be an appropriate punishment for a doctor who performed an operation on a patient while intoxicated.

Why do people get wasted?

People get wasted because they don't know when they should stop drinking.

If your teacher told your parents that you came to school completely wasted, how would they react?

If my teacher told my parents that I came to school completely wasted, they would try to talk to me and definitely ban me from going out.

How can you tell that a person is on a booze?

You can tell that a person is on a booze when they are wasted.

Did you ever come back home completely wasted when you were a teenager? What did your parents say?

Yes, I came back home completely wasted when I was a teenager. My parents let me sleep, however the next day they gave me a long talk about responsibility.

Do you often drink alcohol to get a little tipsy?

No, I don't drink alcohol to get a little tipsy.

Is it acceptable if parents allow a 15-year-old child to get a little tipsy on such occasions like a New Year's Eve or wedding party?

No, it isn't acceptable if parents allow a 15-year-old child to get a little tipsy on such occasions like a New Year's Eve or wedding party.

How do people feel when they have a hangover?

When people have a hangover they feel thirsty and have a horrible headache.

What is the best way to cure a hangover?

The best way to cure a hangover is drinking a lot of water and resting.

What is the difference in the speaker's attitude when calling somebody a drunkard and a wino?

The difference in the speaker's attitude when calling somebody a drunkard is negative, whereas when calling someone a wino it's a little more positive.

If you had a terrible hangover and your next-door neighbour kept playing the piano, how would you deal with it? | earplugs.

If I had a terrible hangover and my next-door neighbour kept playing the piano, I would use

pub crawl ['pʌb krɔ:l] drink like a fish eat like a horse eat like a bird smoke like a chimney ['tʃɪmni] | kurzyć jak komin

rundka po pubach pić jak gąbka jeść za dwóch jeść jak wróbelek

What kind of people in your country would you say were the most frequent visitors to pubs? Why?

In my country I would say that singles were the most frequent visitors to pubs because they are looking for company there.

If somebody drinks like a fish, are they usually invited to parties?

If somebody drinks like a fish, they aren't usually invited to parties.

Have you ever gone on a pub-crawl? Why?

Yes, I sometimes go on a pub-crawl to see what is happening where.

Is going on a pub-crawl popular among young people in your country? Why?

Yes, going on a pub-crawl is popular among young people in my country, because young people like to paint the town red.

children eat like horses?

Why do you think some I think some children eat like horses because they are growing.

a horse and still manages to have a perfect figure, do you feel a bit jealous?

When you see a person who eats like | Yes, when I see a person who eats like a horse and still manages to have a perfect figure, I feel a bit jealous.

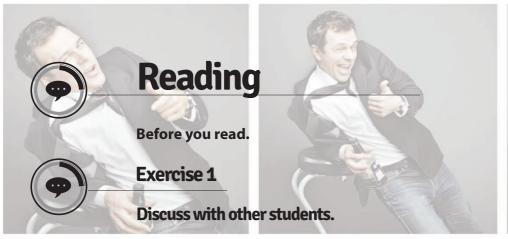
smoke like a chimney?

Do any of your friends or relations | Yes, my grandma smokes like a chimney.

What might be the consequences | Lung cancer might be the consequence **of smoking like a chimney?** of smoking like a chimney.









- What is the attitude towards alcohol and alcoholics in certain societies?
 Try to make comparisons.
- 2. Do you know of any religious communities which forbid the drinking of alcohol? Why do you think it is so?
- 3. Can you briefly describe the influence of alcoholism on family life?

Adult Children of Alcoholics (ACOA) Syndrome

What do you think when you see or talk to a wino? How often do you get tipsy? Have you ever got completely wasted? Many people's responses to these questions would have a somehow positive and amusing connotation. Some of them would take pride in the fact they suffered from a dreadful hangover the day after they had got totally drunk. Others would be really enthusiastic about being intoxicated. Many would consider winos funny chaps.

When looking at a boozer with a grin on our face, do we ever think of the consequences of how being 'blind' impacts the lives of alcoholics and their families? Do we realise that the influence frequently stretches from childhood to adulthood? Can we imagine what it's like to grow up in a family affected by drinking? Last but not least, do we understand that someone's inability to be a responsible parent might often be a result of being an 'adult child of an alcoholic'?

Being impaired by ACOA syndrome is a very tough burden to bear and difficult to fight unless you are provided with the appropriate psychological assistance. People affected by ACOA syndrome will seldom assign their behavioural problems to the prevalence of booze at home. Since they tend to judge themselves harshly and have developed low self-esteem, they will rather connect their mood swings and dysfunctional relationships with their character flaws.

connotation [kɒnəˈteɪʃn] – konotacja
dreadful [ˈdredfl] – okropny
chap [tʃæp] – facet, typek
burden [ˈbɜːdn] – ciężar

How can you recognise if you are an ACOA type? Some typical characteristics have already been mentioned: relationship problems, melancholy with a tendency of being depressed, impaired self-worth and a cruel opinion of yourself. You should seek professional help if some of these emerge as well: you take any form of criticism badly and you have a serious lack of confidence in you own abilities and tend to depend on others. Most ACOA types will repeatedly victimise themselves. Sometimes these problems will take a very dangerous form. People afraid of being criticised seek approval and in order to win it they may often pretend to be someone else. This, in turn, may develop into another grave disorder called Impostor Syndrome.



Exercise 2

a) to be under influence of alcohol [5]b) a drunk person or a person with a drinking problem [3]

alcohol [1]		



Exercise 3

c)

Give the synonym for these words.

Find the expressions in the text which mean:

1.	load, anxiety	
2.	value, admiration	
3.	connect	
4.	answer	
5.	meaning	
6.	severely	
7.	fault, defect	
Q	imitator	



Find the word or phrase in the text which means.

1.	the fact that something is common and easily available
2.	inferiority complex
3.	suffering from a headache or the nausea the day after drinking
4.	a friendly way to speak about a man
5.	synonym of defective, damaged



Exercise 5

Match the words from each column to create correct and meaningful phrases.

1.	seek	assistance
2.	get	relationship
3.	self	tipsy
4.	character	worth
5.	psychological	approval
6.	funny	harshly
7.	take	swing
8.	judge	chap
9.	mood	flaw
10.	dysfunctional	criticism



Decide whether the sentence is true [T] or false [F].

- 1. Some people consider getting tipsy amusing. [T/F]
- 2. The consequences of having an alcoholic in a family may affect adults. [T/F]
- 3. Adult Children of Alcoholics never have any relationship problems. [T/F]
- 4. ACOA types always make great parents. [T/F]
- 5. Some people affected by the ACOA syndrome don't connect their behavioural problems with alcoholism at home. [T/F]
- 6. People with the ACOA syndrome will often seek approval from others. [T/F]
- 7. Adult Children of Alcoholics are severe judges of themselves. [T/F]
- 8. In case of a failure Adult Children of Alcoholics tend to accuse themselves rather than others. [T/F]

Notes	~
	/



Grammar and lexical part



Exercise 1

Give the opposite of the word.

1.	food	•••••
2.	fresh (e.g. bread)	
3.	fresh (e.g. milk)	
4.	drunk, wasted or tipsy	
5.	drunkard	
6.	alcoholic drink	•••••



Exercise 2

Decide which sentences have errors and correct them.

- 1. Your son looks underweight, you'd better feed him out.
- 2. You will never lose weight if you continue to pig up on all those cakes and pies.
- 3. The state's attorney wouldn't have been struck away, if he had managed to stop drinking at work.
- 4. It's weird: she eats like a mouse but she is still overweight.
- 5. Peanuts are not the best choice to snack in with gin and tonic cheese would work much better.
- 6. At the conference light refreshments were served during the break and dinner followed the last presentation.
- 7. Didn't you enjoy the meal? You sat at the table just picking with your dinner.
- 8. Cooking shows also known as Cookery Programs became popular when celebrities decided to host them.



Choose the best answer.

1.	I can find n	o easy explanation why my husband is so slim although he eats
	like a	
	a.	pig
	b.	horse
	c.	bull
	d.	dog
2.	Unripe, gre	en apples are always so stay away from
	them as the	ey will give you a stomach ache.
	a.	acid
	b.	sweet
	с.	sour
	d.	rotten
3.	One of the	differences between Chinese and Japanese
	is that the l	atter includes more fish and seafood.
	a.	kitchen
	b.	cookery
	c.	cuisine
	d.	refreshment
4.	If you want	to prevent potatoes from going
	store them	in a cool, dark and dry place.
	a.	rotten
	b.	sour
	c.	stale
	d.	rancid

J.	Leave the v	egetables to for at least tell lillinutes.
	a.	stale
	b.	simmer
	c.	whip
	d.	sparkle
6.	It is still un	clear if the driver had any alcohol before
	the acciden	ıt.
	a.	devoured
	b.	consumed
	c.	intoxicated
	d.	stuck off
7.	Last Sunda	y we with my in-laws at the most expensive
	restaurant	in the town.
	a.	fed up
	b.	ate in
	c.	dined out
	d.	picked at
8.	What shoul	d I use to get rid of cigarette smoke
	in my apar	tment?
	a.	sour
	b.	curd
	c.	stale
	d.	devoured
9.	How many	? Forty a day? Man, you smoke like a!
	a.	chimney
	b.	sailor
	c.	smoker
	d.	factory



Exercice 4

Fill in the gaps using the words below. Two words are superfluous.

simme	r helping	stew	sparkling	starving	steaming	roasted
	savour	stodgy	recipes	cookbook	deep-fried	
l. 1	Let the soup	•••••	until th	e meat and ve	egetables are t	ender.
2.	Гhat	inc	ludes loads o	of photos, clea	r instructions	and
•	easy-to-find ing	gredients.				
3.	Гhe cake is del	icious – m	ay I have a s	econd	, plea	ase?
1.	Γhe secret of a	good		is that it shou	ld be cooked	very slow
1	for several hou	rs.				
5.]	Is dinner ready	? I'm			C	
5. I	My doctor advi	ised me to	avoid	foc	od, especially	potatoes
ć	and bread.					
7.]	I've stopped us	ing books	as video		on YouTube a	re much
(easier to follow	<i>7</i> .				
3		foods ar	e considered	to be greasy.		
9.	The chicken wa	as	in a	n oven with r	othing but sa	lt,
1	pepper and but	ter.				
.0.		is a very	healthy way	to cook as it	requires no fa	at all.



Exercice 5

Fill in the gaps using the words below. Two words are superfluous.

	hangover	tipsy	sober	teetotaler	mercena	ry	municipal		
		fish wasted	pub	crawl d	runk tank	soft			
1.	Martin ever si		ıking alc	ohol in 2007	7 and has bee	en a			
2.	-	Bob promised his wife not to drink any alcohol and stay							
3.	I'm no	t drunk, I'm a	a bit		. I've had tw	o beer	s in the pub.		
4.	Му со	ısin drinks li	ke a	• • • • • • • • • • • • • • • • • • • •	. – twelve be	erson	Friday night?		
	It is no	thing unusua	al.						
5.	Some I	people maint	ain that i	if you drink	a lot of wate	r with	alcoholic drinks		
	at a pa	rty, you will	not suffe	er from	• • • • • • • • • • • • • • • • • • • •	the ne	xt day.		
6.	Every 1	Friday night	he used t	to go out on	the booze ar	nd reg	ularly spent the		
	night i	n the	• • • • • • • • • • • • • • • • • • • •						
7.	The	•••••	in that	city was a f	ailure as all	the pla	aces we visited		
	were o	vercrowded,	noisy an	d not at all	safe!				
8.	Being	only 17, Ann	a was no	t allowed to	order any al	cohol	and had		
	to cont	tent herself w	vith a	• • • • • • • • • • • • • • • • • • • •	drink.				
9.	On tha	t website yo	u can see	photos of so	ome celebriti	es cau	ight drunk and		
	comple	etely	• • • • • • • • • • • • • • • • • • • •	•					



Use phrases from Module 2 to complete the sentences. The first letter is given.

- 1. If you hadn't **d**..... such a large plate of spaghetti, you wouldn't be suffering from stomach ache now.
- 2. Can you see that **w**...... sleeping on the bench it's our classmate Ben. Why did he start drinking?
- 3. Yoghurt and **c**...... are both dairy products but only the first one is created by using bacteria.
- 4. Not enough physical activity and eating foods high in fat are the main causes of **o**......
- 5. If you **o**..... for a long period of time, your stomach stretches out.
- 6. What kind of mineral water would you like? Still or s....?
- 7. The milk wouldn't have turned s..... and the butter wouldn't have gone r.... if you had left them in the fridge.
- 8. Mark is a real **g**..... he has just eaten five hamburgers and is now sitting on the sofa and rubbing his stomach.
- 9. In our restaurant the guests can **s**...... both the Italian winesand the Mediterranean atmosphere of the place.



Do the exercises on the Internet platform!



Exercice 7

Fill in the gaps using the words below. Two words are superfluous.

	snack sp	ecialities	soft	municipal	mouth	-watering	stew
	intoxicated	beverage	s n	nercenary	gourmet	filling	stale
1.	Look wha	nt	• • • • • • • • • • • • • • • • • • • •	doughnuts	they sell!		
	I need to	buy a dozei	n or so!				
2.	Most peo	ple complai	ned tha	t the		police offi	cers
	in the tov	vn dealt onl	y with	illegally park	ed cars and	l paid no a	ttention
	to the act	s of vandali	sm.				
3.	It has bee	en illegal to	sell any	alcoholic		to pe	eople
	under 21	since 1984	in the I	JSA.			
4.	I'm starvi	ng! It was a	really	busy day I or	nly had tim	e for a	• • • • • • • • • • • • • • • • • • • •
	at luncht	ime.					
5.	One of th	e local		is a n	nushroom s	oup made	from
	mushrooi	ns gathered	high u	p in the mou	ntains.		
6.	Did you l	know that yo	ou don'	t have to thro	ow away		•••••
	bread – y	ou can refre	esh it ea	sily in an ov	en.		
7.	I am sure	Amanda is	interes	ted in Bill for	purely	• • • • • • • • • • • • • • • • • • • •	• • • • • •
	reasons –	everyone k	nows h	ow big his fo	rtune is.		
8.	Simple m	eals will no	t impre	ss her father:	he knows	a lot about	cooking,
	he used to	o be a	• • • • • • • • •	chef.			
9.	I'm afraic	l I can't go j	ogging	now – I've ju	ıst had a bi	g	•••••
	dinner an	ıd my stoma	ch feel	s heavy.			
10	. Martin ha	as been char	ged wi	th DWI. Wha	t does it me	ean? Well, i	it means
	'driving v	vhile		' and in	our state tl	ne offence i	is called
	DUI – dri	ving under	the infl	uence. Both r	nean 'drink	driving'.	

	end up
	run out
hitchhike	[ˈhɪtʃhaɪk]

p skończyć

kończyć się, tracić ważność podróżować autostopem

Have you ever known a couple, who hated each other at first, but ended up getting married? No, I have never known a couple, who hated each other at first, but ended up getting married.

If you invested all your savings in a project, which later ended up failing, how would you feel?

If I invested all my savings in a project, which later ended up failing, I would feel discouraged.

If you heard that one of your childhood friends ended up in prison, would you be surprised?

No, if I heard that one of my childhood friends ended up in prison, I wouldn't be surprised.

When does your driving licence / passport run out? My passport runs out next month.

Has your car ever run out of petrol? What did you do? Was it embarrassing?

No, my car has never run out of petrol.

What would you do if you ran out of fuel in the middle of a highway in a foreign country?

If I ran out of fuel in the middle of a highway in a foreign country, I would probably try to hitchhike to the nearest petrol station.

out on their partners leaving them with leaving them with their children are totally their children? *irresponsible*.

What do you think of people who run | I think people who run out on their partners





mutter ['mʌtə]
mumble ['mʌmbl]
shout [ʃaʊt]
scream [skri:m]
yell [jel]
abuse [əˈbju:s]

referee [refəˈri:]

mamrotać, przebąkiwać mamrotać krzyk, krzyczeć krzyczeć, wrzeszczeć wrzask, wrzeszczeć obelga sędzia piłkarski

If you heard someone muttering about needing to get back to work, would you say the person was enthusiastic about this prospect?

If I heard someone muttering about needing to get back to work, I wouldn't say the person was enthusiastic about this prospect.

Would it be rude, if you asked your friend for help and they only mumbled something about being busy?

How would you feel?

Yes, it would be rude, if I asked my friend for help and they only mumbled something about being busy. I would feel offended.

What's the difference between the verbs to scream and to shout?

We usually scream when we are scared or when we get hurt. We shout when we are angry or when we need to speak loud.

What would you do if your teacher started shouting and yelling at you during the lesson?

I would be very surprised if my teacher started shouting and yelling at me during the lesson and I would ask what the problem was.

When an officer gives orders to his soldiers, does he shout or scream?

When an officer gives orders to his soldiers, he shouts.

Supposing your three children began to shout one another down, what would you do to stop them?

Supposing my three children began to shout one another down, I would order them to stop and threaten to ban them from using the computer.

Do you find it embarrassing when parents have to yell at their children in the shops to stop them screaming?

Yes, I find it embarrassing when parents have to yell at their children in the shops to stop them screaming.

What do you think about drivers who yell at one another in the street?

I think drivers who yell at one another in the street should attend a course on anger management.

If you suddenly heard a great yell coming from the next room what would you think, and what would you do?

If I suddenly heard a great yell coming from the next room I would think, someone may be in trouble and I would go and check what was going on.

If I told you there was a big hairy spider coming up your arm, would you scream in fear?

No, if you told me there was a big hairy spider coming up my arm, I wouldn't scream in fear but I would just shake the spider off.

Do you know people who seem to be unable to talk normally, and constantly shout at other people instead?

Yes, I know people who seem to be unable to talk normally, and constantly shout at other people instead.

Did your parents use to shout at you whenever you did something wrong/ had bad marks at school?

No, my parents didn't use to shout at me whenever I did something wrong/had bad marks at school.

Why do some people seem to take I believe some people seem to take pleasure pleasure in shouting at others?

in shouting at others because they like feeling bossy.

What do you think about football fans/ players who shout abuse at the referee? I think football fans who shout abuse at the referee should be banned from entering football grounds.

nag [næg]

silence?

a child?

butter somebody up ['bʌtə ʌp] wind somebody up [waind Ap]

strofować, zrzędzić

podlizywać się komuś

podpuszczać kogoś, drażnić kogoś

podpuszczenie wind-up **stammer** ['stæmə]

jakać się

przeszkoda

impediment [im'pediment] If your parents/children nag you about | Yes, if my children nag me about something, something, do you sometimes agree

I sometimes agree to do what they want just to do what they want just for the sake of | for the sake of silence.

Did your parents have to nag you about Yes, my parents had to nag me about taking taking out the rubbish, when you were

out the rubbish, when I was a child.

Would you agree that sometimes when make it less likely that the person will likely that the person will actually listen to actually listen to you? you.

Yes, I would agree that sometimes when you you nag a person to do something, you nag a person to do something, you make it less



how would you react? probably quit.

If your boss kept nagging at you, If my boss kept nagging at me, I would

colleagues kept buttering your boss up to get a promotion?

What would you do if one of your | If one of my colleagues kept buttering our boss up to get a promotion, I would tell them to stop it.

Has a salesman ever buttered you up so that you bought a product that you didn't really want? What was it?

No, a salesman has never managed to butter me up so that I bought a product that I didn't really want.

Have you ever been forced to butter somebody up to get what you wanted?

No, I have never been forced to butter somebody up to get what I wanted.

Would it wind you up if somebody kept saying that you led an easy, trouble-free life?

Yes, it would wind me up if somebody kept saying that I led an easy, trouble-free life.

If you wanted to wind your parents up what would you do?

If I wanted to wind my parents up, I would tell them I had quit studying.

What's the most disgusting wind-up you remember?

I don't remember any disgusting wind-ups.

Why do some children or teenagers find it so enjoyable to wind others up?

Some children or teenagers find it so enjoyable to wind others up because they think it's funny to laugh at someone else's expense.

If somebody wound your friend up because of their stammering, would you react? What would you do or say?

If somebody wound my friend up because of their stammering, I would definitely tell that person how rude and stupid it was.

Do you think there are jobs that are unavailable for people who stammer? If so, which?

I think the job of a spokesperson is unavailable for people who stammer.

Do you know any famous people who stammer?

No, I don't know any famous people who stammer.

When someone stammers, is it possible Yes, when someone stammers, it's possible for for them to overcome this impediment? | them to overcome this impediment.